

# Unit 10 Being Sick

## Conversation

**A** Listen and repeat. Then act out with friends. 86



**B** Look at **A**. Practice the dialog with the new words.

1



stomach

2



head

3



foot

**C** Listen and sing. 87

## I Think I Should

Hey! I don't feel so well.  
My stomach hurts. My stomach hurts.

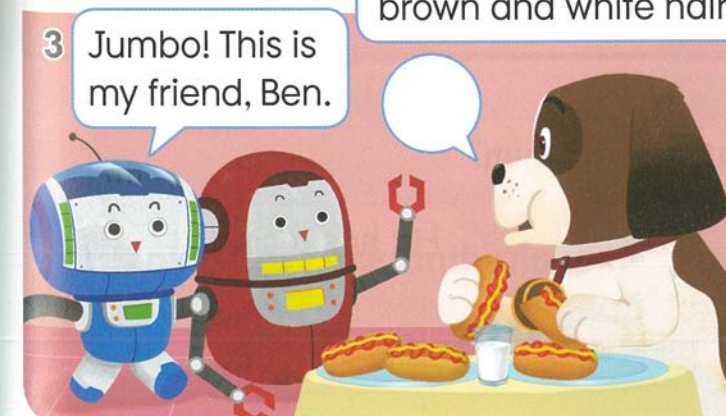
I think we should stop and rest.  
How do you feel? Do you feel better?

It still hurts a lot.  
I think I should go to the doctor.  
It still hurts a lot.  
I think I should go to the doctor now.



**D** Listen and write the number. Then act out. 88

- ① Yes, she is.
- ② My stomach hurts.
- ③ Which one is your friend?
- ④ Nice to meet you, Ben.





**A** Listen and repeat. Then point and say. 89

What's the matter?



a cold



an earache



a fever



a runny nose



a headache



a sore throat



a stomachache



a toothache

**B** Look at **A**. Listen and repeat. Then ask and answer. 90

What's the matter with him?  
her

He  
She has a fever.

What's = What is



What's the matter with him?



He has a cold.



**C** Listen and repeat. Then ask and answer. 91

Does she have a cold?  
Does he

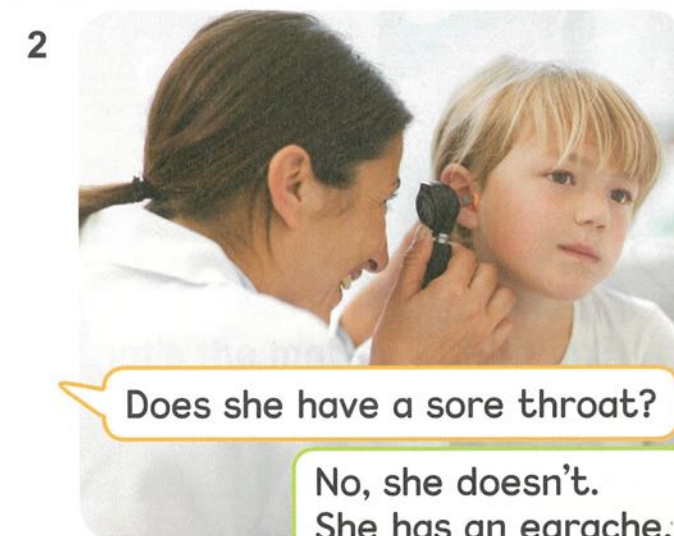
Yes, she does. No, she doesn't.  
Yes, he does. No, he doesn't.

doesn't = does not



Does he have a cold?

Yes, he does.



Does she have a sore throat?

No, she doesn't.  
She has an earache.

**D** Listen and circle Yes or No. What's the matter with them? 92



Yes No



Yes No



Yes No



Yes No



Yes No



You

Yes No

**E** Look at **D**. Ask and answer.

Does he have a toothache?

No, he doesn't. He has a fever.

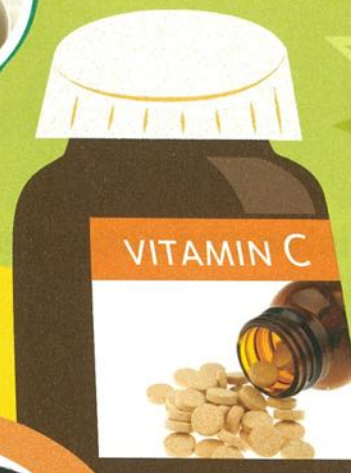
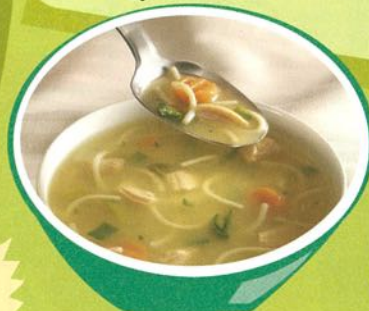


## The World around Us

**A** Look and listen. Then choose and write. 93



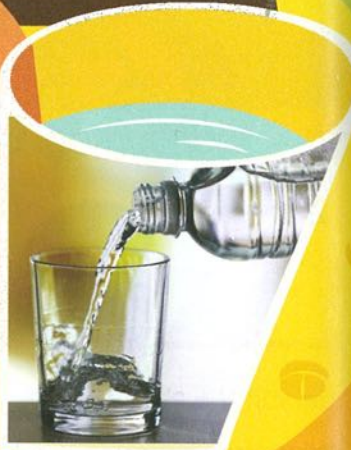
Hi! I'm Ken. When I have a cold, my mom \_\_\_\_\_ of me at home. She makes me good chicken soup. It's very comforting. She also makes me \_\_\_\_\_ a lot.



water   takes care   cold   sleep

## When I Have a Cold

Hello. I'm Miho. When I have a \_\_\_\_\_, my mom takes care of me. She gives me vitamin C. She also makes me drink a lot of \_\_\_\_\_. Then I feel better.



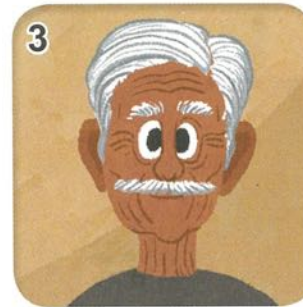
**B** Ask your friend and check.

What do you do when you have a cold?

	go to school	sleep a lot	take vitamin C	drink a lot of water
I				
My Friend				

## Unit Link U7, U8, U9, U10

**A** Listen and answer. 94



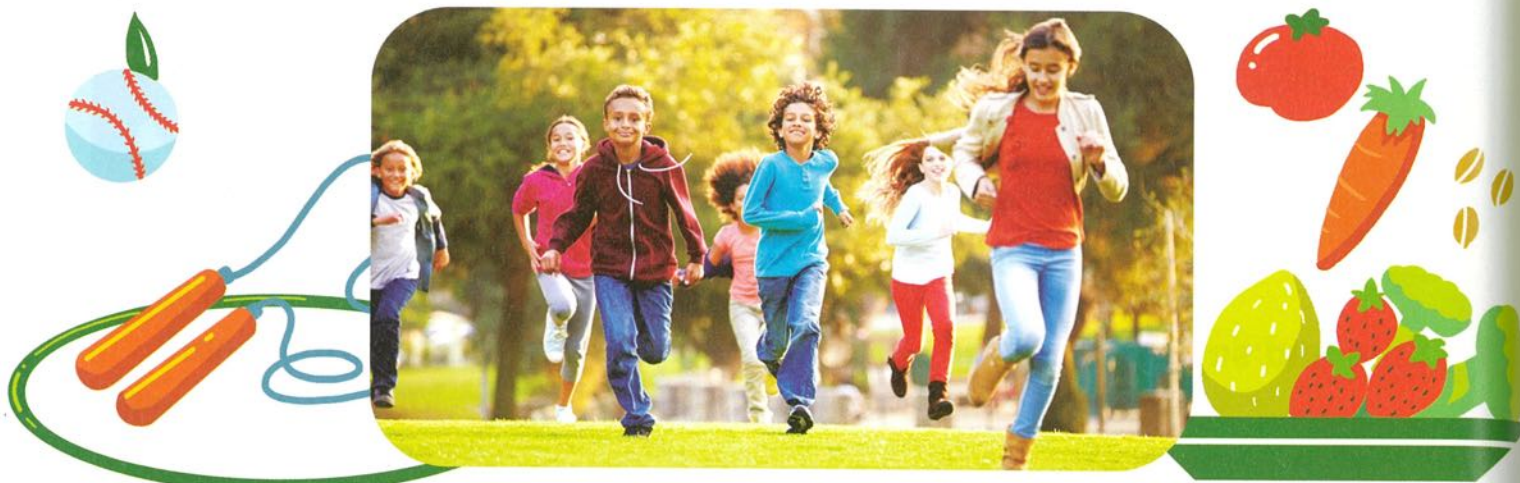
**B** Spin and say. What do they look like? What's the matter with them?

He has gray hair and a mustache. He has a toothache.





# Staying Healthy



Healthy children are happy children. Being sick is no fun at all. Here are five things that we can do every day to stay healthy.

① **Get a lot of sleep.**

Sleep 10 to 11 hours a day.



② **Exercise every day.**

Be active at least one hour a day.



③ **Wash your hands.**

Stop germs from spreading.



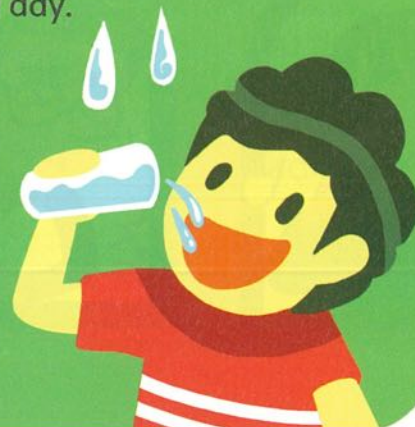
④ **Eat a healthy meal.**

Eat different kinds of food and lots of fruits and vegetables.



⑤ **Drink a lot of water.**

Drink 6 to 8 glasses of water a day.



**Key Words**

- active
- exercise
- germs
- meal
- spreading
- vegetables

**Your Turn**

Ask your friend. Write **Yes** or **No**.

	I	My Friend
1. Do you sleep 10 to 11 hours a day?		
2. Are you active at least one hour a day?		
3. Do you wash your hands before meals?		
4. Do you eat lots of fruits and vegetables?		
5. Do you drink 6 to 8 glasses of water a day?		

**Project**

- Count how many glasses of water you drink a day.
- Color the glasses.
- Share your water chart with the class.

**My Water Chart**

Day	Number of Glasses
1	      
2	   
3	    
4	     
5	    
6	      
7	       
<b>Total</b>	( 42 ) glasses



I drank 42 glasses of water in seven days.



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