A Look at the problems people can have. Find a suggestion for the problem.

a. I'm broke.	c. I'm stressed.	e. I'm forgetful.	g. I'm sick.	
b. I'm sleepy.	d. I'm lonely.	f. I'm depressed.	h. I'm overwhelmed.	
1. Join a social network.		5. See a doctor.		
2. Spend less.		6. Do one thing at a time.		
3. Go to bed earlier.		7. Get out more.		
4. Take up	meditation.	8. Write thi	ngs down.	

B PAIR WORK Tell your partner other things you can do for the problems above.

2 | Conversation

CD1 ② A Listen. How are Calvin and his roommate Ben going to save money for their trip?



Calvin: We still need some more money for our trip to Italy. _____



Ben: I know. We're broke.



Calvin: One thing we should do is to stop our gym memberships for a few months. _____



Ben: That's a good idea, but I go to the gym every day.

We could eat at home instead of going out to eat so much.



Calvin: I hadn't thought of that. How about spending less on movies, too? ____



Ben: I like that idea, but life is going to be pretty boring for the next few months, isn't it?



B PAIR WORK Practice the conversation. Then find the best places to add the sentences below to the conversation and practice it again.

1. Movie tickets are so expensive.	3.1 bet that would help a lot.
2. Our finances aren't looking so go	ood. 4. The membership is so expensive.

3 | Language Booster

A Notice the different ways we make and acknowledge recommendations.

Making recommendations		Acknowledging recommendations	
One thing we should do is Something else we could do is We could	stop our gym membership. eat at home more often.	I hadn't thought of that. That's a good idea. I like that idea. I'm not so sure about that. I don't really like that idea.	

B PAIR WORK Take turns making and acknowledging recommendations for these problems.

ou forgot your homework.	You're angry at your friend.	You want to get a job.
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4 Listening

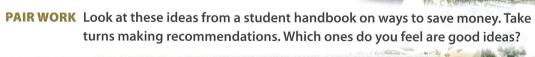
CD1 33 A Listen. Check (\checkmark) the recommendations that Dylan makes to his friend Lindsay.

☐ 1. stop taking buses	\square 6. take out books from the library
\square 2. walk when possible	\square 7. buy only clothes that are on sale
\square 3. bring lunch to school	☐ 8. keep a daily budget
☐ 4. drink less coffee and soda	☐ 9. cut up her credit cards
□ 5 cancel magazine subscriptions	

CD1 33 B Listen again. Underline the recommendations that Lindsay likes.

4								
	C	DAID WODK	Tell your partne	r if you think	the recommend	lations in nar	+ 1 240 0000	
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SPEAK with CONFIDENCE



Expenses	Ways to save
Books/magazines	Read things online.
Food/beverages	Eat at home.
Entertainment	Watch movies on your computer
Shopping	Wait for sales.
Transportation	Walk more.

B GROUP WORK Take turns making additional recommendations. Vote on the best one

ONLINE PRACT

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